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William R. Sinkin Eco Centro  
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## **Eco Centro Hosts “Mighty Beans” Hands-On Workshop for Chocolate Lovers**

**SAN ANTONIO, TEXAS** – William R. Sinkin Eco Centro is San Antonio’s community outreach center for environmental sustainability (at San Antonio College), with several free workshops and events year-round. “Mighty Beans: Cacao and Conservation” is a hands-on workshop on Thursday, May 10, 2018, from 6:30 p.m. to 7:30 p.m. at Eco Centro.

Mighty Beans is free and open to the public; there is a suggested donation of \$10 for materials. Antioxidant-rich cacao tea is included free along with locally roasted cocoa nibs for purchase.

Participants are invited to fully experience cacao's health and environmental benefits in this free class on chocolate origins. Chocolate lovers will emerge with knowledge about cacao farming, bean-to-bar manufacturing, and chocolate's diverse flavor profiles.

Mighty Beans is a multi-part series about the health benefits of cacao and the conservation practices for sustainable tropical agroforestry.

Nathan King (Trinity University, Biology '16) will lead this workshop. He grew up with a love for nature and raspberry dark chocolate. King believes that chocolate production can save the world's forests and soils while making people happy and healthy. He lived and worked at an organic cacao farm and bird reserve in Dominican Republic where he developed fermentation protocols for fine flavored cacao. Nathan King has been a rapid composter, wine maker, and cacao consultant since 2016.

### **About Eco Centro**

William R. Sinkin Eco Centro is a community outreach center dedicated to promoting the understanding, progress, and practice of sustainability. Through education, outreach, service and research, Eco Centro advocates for the adoption of practical, sustainable practices for individuals, businesses, and the community. Visit Eco Centro at 1802 N. Main Avenue (at San Antonio College). Follow [Eco Centro on Facebook](#) for upcoming workshops and events – free and open to the public.

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